

# SEAX

The newsletter of the Essex Crusaders, Centre 19, Virago Star Owners Club.

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### Seax Editor

Still vacant – I'm sure someone out there could do a great job!

### Webperson

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## Reps Rambling.....

Hi all,

Just a few lines to keep you up to date. The Xmas dinner evening will soon be upon you. Although the closing date has now passed, I'm sure a few extras could be catered for if you've overlooked it or now find yourself available. If you would like to go but haven't already booked please contact Sue direct as soon as possible.

I have arranged the Road Crash management - emergency First Aid presentation for the 17<sup>th</sup> Dec. We'll see what you think of that sort of thing because there is the possibility of another similar event. Page 4.

Note also that the South meeting venue has changed. Page 5.

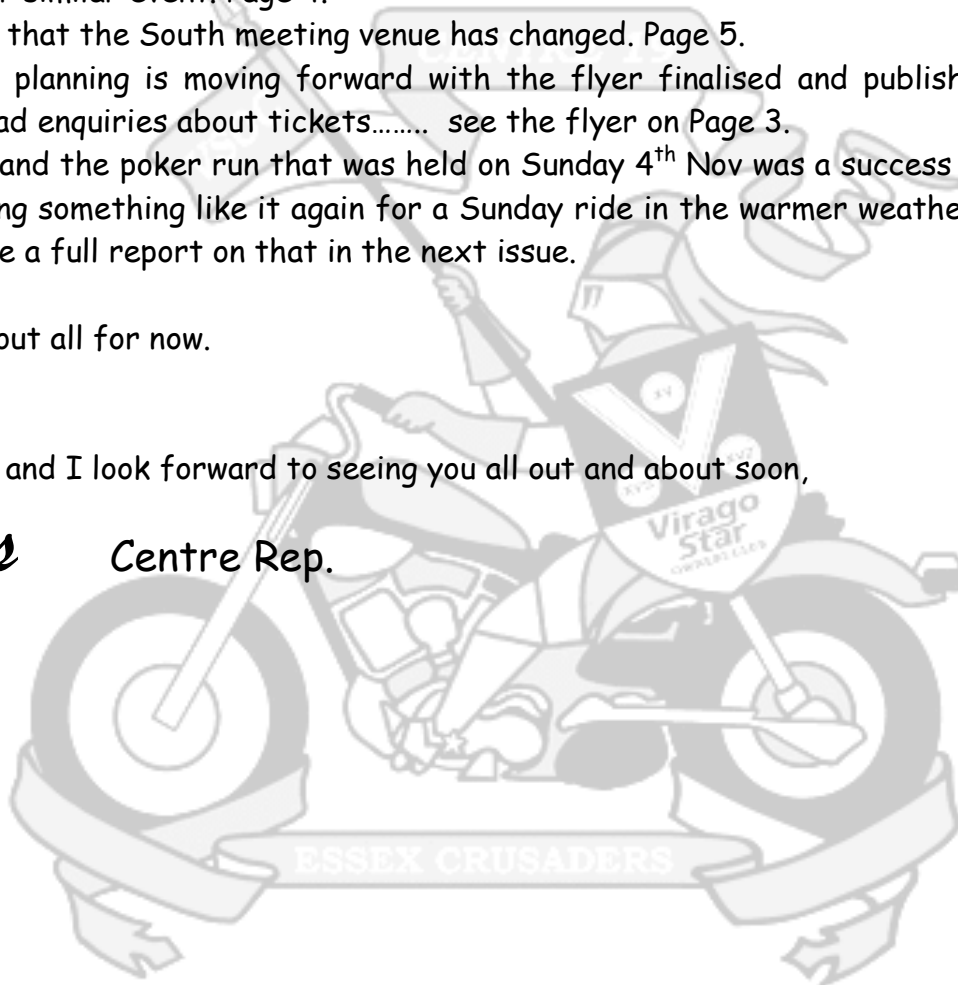
The Rally planning is moving forward with the flyer finalised and published. We have already had enquiries about tickets..... see the flyer on Page 3.

I understand the poker run that was held on Sunday 4<sup>th</sup> Nov was a success and we'll think about doing something like it again for a Sunday ride in the warmer weather next season. There'll be a full report on that in the next issue.

That's about all for now.

Ride safe and I look forward to seeing you all out and about soon,

*Chas* Centre Rep.



Centre 19 invites you to the



# Third Essex Crusade

## VSOC Rally

**Runwell Hospital Sports & Social Club**

**Runwell Chase, Runwell, Wickford, Essex SS11 7XX**

**Friday 4th to Sunday 6th July 2008**

**Free Tea/Coffee - Top Bands - Disco - Trade Stands - Tattooist**  
**Free camping - Inn nearby**

**fires and barbeques will not be allowed on the camping field at any time**

**Saturday night Theme-night... Doctors & Nurses..!**

**Cars/non-bike or trike strictly limited - by prior arrangement only**

**Member tickets** @ £16 x \_\_\_\_\_ total: \_\_\_\_\_  
(Limited to full members & their immediate family).

**Associate members & Guest\* tickets** @ £18 x \_\_\_\_\_ total: \_\_\_\_\_  
\* Guest tickets by arrangement only. Applications through Centre Reps.

Total: £ \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Telephone: \_\_\_\_\_ email: \_\_\_\_\_

Membership Number: \_\_\_\_\_ Centre Number: \_\_\_\_\_

Cheques payable to:- VSOC Essex Crusaders  
send SAE to Third Essex Crusade, 10 Woodlow, Benfleet, Essex SS7 3RL

## Monday 17<sup>th</sup> December 2007.

### Road Crash Emergency Aid presentation.

It seems everywhere we went this season we were to be very quickly on the scene of road crashes that had happened ahead just moments before. Whilst Tracie and myself have a duty to 'get stuck in' and assist as necessary, the topic came up that others in the club would like to have a better understanding of what they could do to help in such circumstances.

To provide this we will be offering an informal presentation on initial action and emergency aid at road crashes. This will be **INSTEAD** of the South meeting on Monday 17<sup>th</sup> December.

I am grateful to Ch Supt. Mick Thwaites, head of Essex Police Mobile Support Division, (my **very** big boss!) for allowing this event to be held at the Mobile Support Division Headquarters at Boreham.

The presentation will include discussion on initial action scene management and then emergency aid aimed at trauma likely to be encountered at road crashes. Obviously, as we all know each other, it will be very informal and the more questions that are asked the more useful it will be for everyone.

Tea and coffee only are available - there is no bar.

The address is Essex Police Complex, Holts Lane, Waltham Road, Boreham CM3 3BG.

Click on this link for a map.

<http://www.tiscali.co.uk/travel/maps/#map=51.78002,0.53299|15|4&loc=undefined:51.78002:0.53299|cm33bg|CM3%203BG>

On arrival there is a large car park on your right where you can park. You can then make your way to the security hut where you will be expected.

Holts Lane is on the left 1 and a third miles along Waltham Road from Main road, Boreham.

Please be there for 8 promptly as we will start at 8.15.

## South meeting venue change.

Short notice building works at The Windmill, East Hanningfield, left me looking for a venue for November's meeting.

We found a pub nearby that was more than keen to have us that already hosts the meetings of several other bike clubs on various dates in the month.

That is The Bell Inn, Main Road, Woodham Ferrers, CM3 8RF. This is on the B1418 between Bicknacre and South Woodham.

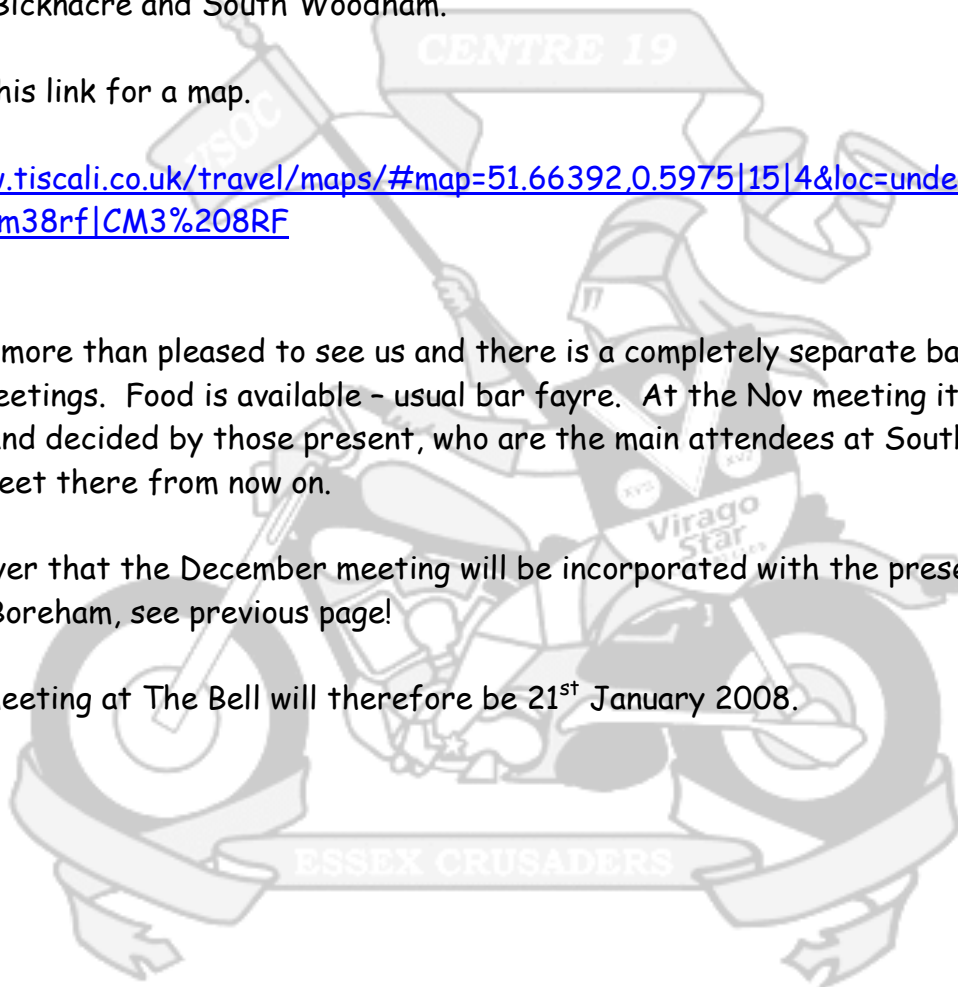
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They seem more than pleased to see us and there is a completely separate back bar that is used for meetings. Food is available - usual bar fayre. At the Nov meeting it was discussed and decided by those present, who are the main attendees at South meets, that we would meet there from now on.

Note however that the December meeting will be incorporated with the presentation at MSD HQ, Boreham, see previous page!

The next meeting at The Bell will therefore be 21<sup>st</sup> January 2008.



*Essex  
Crusaders*



*Christmas  
Dinner*

**Saturday 1<sup>st</sup> December 2007**

*The Two Brewers, 80 Springfield Road, Chelmsford CM2 6JY*

**Starters**

1. Yuletide Broth
2. Prawn Cocktail
3. Egg Marie Rose

**Main Course**

4. Roast Turkey with all the trimmings
5. Poached Salmon in white wine sauce
6. Mushroom Stroganoff with chive and mustard mash

**Dessert**

7. Christmas Pudding with Brandy Sauce
8. Yuletide Chocolate log with fresh cream

Coffee and Mince Pies

3 courses £17.95 - 2 courses £12.95

*Please note we are limited to 60 people so first come, first served ! We will require full payment to reserve places as soon as possible and in any event by Monday 19<sup>th</sup> November at the latest.*

**Please select choice of menu for starter, main and desert and specify numbers with payment.**

**Cheques to: Carol Evans, 10 Woodlow, Thundersley, SS7 3RL.**

## Centre 19 forthcoming dates - Diaries out NOW!

*All meetings are now on **MONDAYS** starting 8pm!*

### December

#### **North meeting**

Monday 3<sup>rd</sup> December 2007.  
The Anchor, Upper Street, Stratford St. Mary, CO7 6LW.  
West of A12, North of Colchester

#### **South meeting – Including Road Crash presentation.**

Monday 17<sup>th</sup> December 2007.  
Essex Police Complex, Holts Lane, Waltham Road, Boreham CM3 3BG.  
See page 4.

### January 2008.

#### **North meeting**

Monday 7<sup>th</sup> January 2008.  
The Anchor, Upper Street, Stratford St. Mary, CO7 6LW.

#### **South meeting**

Monday 21<sup>st</sup> January 2008.  
The Bell Inn, Main Road, Woodham Ferrers, CM3 8RF

End



**ESSEX**